



The Institute of Human Performance

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ULTRAMET - Original

\$ 54.95

Scientifically Complete High-Protein Meal

- 41g of Protein per Serving
- Low-Glycemic Formula
- 27 Vitamins and Minerals
- L-Glutamine & Taurine

Available flavors: Chocolate, Strawberry, Vanilla & Banana Cream

WITH ULTRAMET YOUR BUSY LIFESTYLE CAN STILL BE HEALTHY!

If it's difficult to take a break during a hectic day and treat yourself to a nice meal, and if you feel you deserve something more than a quick junk food snack, then why not have an ULTRAMET shake? - ULTRAMET is the delicious shake that only takes seconds to prepare and supplies more protein (over 80% of the Recommended Daily Value) and more nutrients (27 essential vitamins and minerals) for less money than many high-calorie fast food meals or virtually any other food you could name - It's a delicious way to feel great!

ULTRAMET is a high-performance meal supplement that delivers a complete array of nutrients to fuel your body, feed your muscles, help improve your overall well-being and boost your body's energy levels - It's ideal for anyone who is looking to get quick energy and superior nutrition in a glass. One serving of ULTRAMET contains a blend of up to 42 grams of easily-digested protein, which delivers a full spectrum of the 9 essential amino acids, only 3 grams of fat and just enough healthy complex carbohydrates to stabilize your blood sugar and satisfy you for hours. Try getting that from a burger and some fries.

FOR BREAKFAST

You don't need fat in the morning to slow you down and you certainly don't need sugar to kick-start a blood-sugar letdown, but many breakfast meals are loaded with fat or simple carbohydrates. Start your day right with an ULTRAMET shake and get your body moving in the right direction. One ULTRAMET shake for breakfast provides you sustained energy and solid nutrition to help you avoid those energy lulls, sugar cravings and the potential for junk food binging.

FOR ATHLETES

You know that to reach your potential you need your body fat at an absolute minimum while maximizing lean muscle and energy levels. ULTRAMET continues the CHAMPION NUTRITION commitment to improving your nutrition by combining seven different proteins. These proteins supply your body with a steady stream of amino acids that help support muscle recovery, strength and stamina. In addition, ULTRAMET is enhanced with L-glutamine, taurine and alpha-ketoglutarate to help improve post-exercise recovery.

FOR DIETERS

As busy as we are, dieting for many of us may mean simply missing a meal. We may quickly find we are missing more - energy, mental clarity, and a positive attitude. For those dieting moments, let ULTRAMET fuel your body, feed your muscles, help improve your overall well-being and boost your body's energy levels - All this in a delicious, convenient and calorie-efficient way. Combine ULTRAMET with a regular exercise program and see a difference in your physique.

FOR SENIORS

Seniors can't get away with bad dietary habits or inconsistent exercise programs without experiencing a loss of energy. Make ULTRAMET a part of your breakfast or lunch each day and embark on a medically approved fitness program, and in no time you will feel years younger!

SIMPLY DELICIOUS!

If you grew up thinking that 'if something tastes good then it couldn't be good for you', then prepare to change your mind. ULTRAMET's rich flavor will have you looking forward to your next glass. In no time you will be asking yourself "how can something that tastes so good be so good for you?" - It will change your perception of meal supplements forever!

SUPPLEMENT FACTS (vanilla)	
Serving size 1 packet (76 g)	
Amount Per Serving	
Calories 280	Calories from Fat 20
% Daily Value*	
Total Fat 2 g	3%
Saturated Fat 1 g	5%
Trans Fat 0 g	

Cholesterol 20 mg		7%
Sodium 350 mg		15%
Potassium 280 mg		8%
Total Carbohydrate 24 g		8%
Dietary Fiber 1.5 g		6%
Sugars 3 g		
Protein 42 g		84%
Vitamin A	2000 IU	40%
Vitamin C	30 mg	50%
Vitamin D	200 IU	50%
Vitamin E	30 IU	100%
Thiamin	750 mcg	50%
Riboflavin	850 mcg	50%
Niacin	10 mg	50%
Vitamin B6	1 mg	50%
Folate	200 mcg	50%
Vitamin B12	3 mcg	50%
Biotin	150 mcg	50%
Pantothenic Acid	5 mg	50%
Calcium	500 mg	50%
Iron	9 mg	50%
Phosphorus	500 mg	50%
Iodine	75 mcg	50%
Magnesium	200 mg	50%
Zinc	7.5 mg	50%
Selenium	21 mcg	30%
Copper	1 mg	50%
Manganese	1 mg	50%
Chromium	60 mcg	50%
Molybdenum	15 mcg	20%
Chloride	300 mg	9%
CitriMax™	200 mg	†
Choline	100 mg	†

Ingredients: Peptol EX™ (proprietary blend consisting of: ion-exchange whey protein isolate, calcium caseinate, milk protein isolate, potassium caseinate, egg albumen, whey protein concentrate, sodium caseinate, L-glutamine, taurine, and calcium alpha-ketoglutarate), maltodextrin, fructose, natural and artificial flavoring, vitamin-mineral blend consisting of: (dicalcium phosphate, magnesium oxide, potassium phosphate, potassium citrate, choline bitartrate, potassium chloride, vitamin E acetate, ascorbic acid, ferrous fumarate, beta-carotene, boron proteininate, biotin, niacinamide, zinc oxide, manganese gluconate, vitamin A palmitate, calcium pantothenate, molybdenum amino acid chelate, copper gluconate, folic acid, Vitamin D3, copper sulfate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, chromium polynicotinate, selenium amino acid chelate, potassium iodide, cyanocobalamin), canola oil, soy lecithin, salt, xanthan gum, aspartame**, cellulose gum, Citrimax® (garcinia cambogia extract), medium-chain triglycerides, carrageenan, bromelain, borage oil, mono and diglycerides, natural color.

** Phenylketonurics: This product contains phenylalanine.

Note: - Nutritional Facts and Ingredients may vary slightly depending upon flavor

Frequently Asked Questions:

Q. What is the best time to use ULTRAMET?

A. ULTRAMET is a product that can feasibly be used anytime, but in order to get optimal results we recommend the following:

- For breakfast
- As a mid-morning or mid-afternoon meal
- One hour post-exercise

Q. Why is ULTRAMET a better choice for breakfast?

A. There is a reason we grew up being told that "**breakfast is the most important meal of the day**". It can single-handedly define how well you get throughout the day.

When you first wake up in the morning your body is rested, but it is also starving! Every night you subject your body to a lengthy fast that could last 8 - 10 hours by the time you get any food in you. In addition, during the waking hours your body produces the highest amount of cortisol, a hormone that contributes to the breakdown of skeletal muscle - The very same muscle that gives your body its definition and which also contributes to fat burning. Since cortisol accelerates muscle loss during sleep, it is important to replenish protein first thing in the morning. One ULTRAMET shake for breakfast gives your body a significant amount of protein and enough carbohydrates to help get your day started in the right direction.

Take Note: ULTRAMET provides up to 42 g of nitrogen-rich protein, 24 g of energy-boosting carbohydrates, and 27 vitamins and minerals to support your metabolism. In contrast, a regular breakfast comprised of 2 scrambled eggs (10g protein, +10 g fat), 2 slices of bacon (4 g protein, 6 g fat) and 2 slices of toast (2 g protein, 26 g carbohydrates, 4 g fat) with jam may not provide you such a wide variety of nutrients at such a low calorie level.

Q. Does ULTRAMET contain any lactose? If so how much?

A. Yes, but very little. Since ULTRAMET is made from a blend of dairy proteins, it does contain some lactose. This ranges between 900 mg to 1 g. By comparison one 8 oz. glass of milk averages about 14 g of lactose and around 8g of protein.

[Vendor Information](#)

Customer Reviews: There are yet no reviews for this product.
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